

Women's Leadership Summit Agenda

November 13, 2019, Delta Hotel, St. John's, NL

7:30 am	Registration and Coffee Service (<i>Harbourview Lobby</i>)	
8:30 – 9:00 am	Welcome and Opening Remarks, <i>Sheila Fitzgerald, MNL Women's Caucus Chair</i> Greetings from <i>Benson Buffett, Danielle Somerton</i>	
9:00 – 11:00 am	Women's Leadership Workshop, <i>Kelly Hickey, Strong Women Co.</i> <i>Harbourview Ballroom</i> Kelly Hickey is a behavioural specialist, researcher and corporate consultant who has worked in women's empowerment, diversity and respectful workplace training for almost two decades. Through her business, Strong Women Co, Kelly supports and encourages individuals and groups through their personal and professional journeys of empowerment and equality.	
11:00 – 11:30 am	Networking Break (<i>Harbourview Lobby</i>)	
11:30 – 12:30 pm	Women in Local Government – Barriers and Opportunities Across the Life Course <i>Salon B</i> Women face multiple barriers to entering and staying in municipal politics. Efforts to attract and retain leaders often target younger women. In Newfoundland and Labrador, many women in municipal leadership positions are middle-aged or seniors. This session focuses on a discussion of women's leadership across the life course. Carole Saab , Executive Director of Policy and Public Affairs at FCM and Dr. Amanda Bittner , political science professor and director of Memorial University's gender and politics lab will lead the panel with 15 minute-presentations on women in local leadership. Their presentations will be followed by a facilitated discussion that aims to identify common barriers for women in leadership in the room, and invites a conversation on how these barriers are nuanced depending upon life stage. Final discussions will look at what opportunities can come from knowledge of both the shared and nuanced barriers.	Embracing Conflict, <i>Heather Peters, Knightsbridge Robertson Surette</i> <i>Salon C</i> All leaders struggle with conflict, creating healthy tension and having the 'difficult' conversations in a timely and effective manner. Women do have some natural tendencies that can potentially help or hinder their ability to embrace and tackle conflict for themselves and others. Maintaining a female perspective, we will dive into what creates conflict within ourselves and with others and give you an understanding of: <ul style="list-style-type: none"> • What conflict is and how it can be 'healthy' • Your own natural conflict style, its strengths and what may be holding you back • The Inner-Critic within us all and whether it is actually helping Tips to better tackle conflict to elevate your impact and prevent you from 'getting in your own way'. It is within your control!
12:30 – 2:00 pm	Awards Ceremony Luncheon Sponsored by Benson Buffett <i>Address and presentation of awards by Her Honour, The Honourable Judy M. Foote P.C., O.N.L. Lieutenant Governor of Newfoundland and Labrador</i>	

<p>2:00 – 3:30 pm</p>	<p>On Being Included: Transforming the Municipal Sector Panel Discussion</p> <p><i>Salon B</i></p> <p>In Newfoundland and Labrador, women are underrepresented in positions of leadership at the municipal level. Indigenous women, women of colour, women with disabilities, and members of the LGBTQ+ community are even less represented. Invited panellists will discuss what is required to transform the municipal sector in this province toward more inclusive and diverse council through answering the following questions: what are the barriers to inclusion and how can we create municipal spaces where people feel that they belong, and want to take on leadership roles?</p> <p>Panellists include: Tama Fost, Indigenous Student Success Coordinator, Memorial University * Jennifer Selby, Memorial University*Ayse Akinturk, Muslim Association of NL* Delores Mullings, Memorial University * Kathleen Parewick, MNL.</p> <p>Moderated by: Prajwala Dixit, Journalist</p>	<p>Building Your Mental Health Toolkit for Leadership</p> <p><i>Salon C</i></p> <p>The stakes are high and the challenges often overwhelming for women in leadership positions. Nurturing one’s mental health in positive ways is critical. Self-care is necessary. Having fun is a must.</p> <p>Join Tina Neary, Councillor in the Town of Portugal Cove- St. Philips and Provincial Director for Broken Arrow NL, an organization providing a therapeutic family based care model to young people with complex needs and their families, for a workshop on caring for your mental wellness. She will move participants through activities and conversation that differentiates between mental health wellness and illness. Activities are designed to increase the tools in your mental health toolkit.</p>
<p>3:30 – 3:45 pm</p>	<p>Networking Break (<i>Harbourview Lobby</i>)</p>	
<p>3:45 – 5:00 pm</p>	<p>Call to Action, facilitated by <i>Kelly Hickey</i></p> <p><i>Harbourview Ballroom</i></p> <p>This session will generate a set of outcomes and directives that the participants would like to see the MNL Women’s Caucus pursue.</p>	
<p>5:00 – 5:15 pm</p>	<p>Wrap Up & Thanks</p> <p><i>Harbourview Ballroom</i></p>	