threads® OF LIFE

Association for Workplace Tragedy Family Support

Helping to Heal Families of Workplace Tragedy

What is a Workplace Tragedy?

A work-related

- Traumatic fatality
- Life-altering injury
- Occupational disease



Families of workplace tragedy must find a 'new normal' and grieve for the life they used to have

Thousands of
Canadian families
are affected every year



On average, **3 workers** in Canada die from
a workplace injury or illness
every working day

Where do these families turn in their grief?

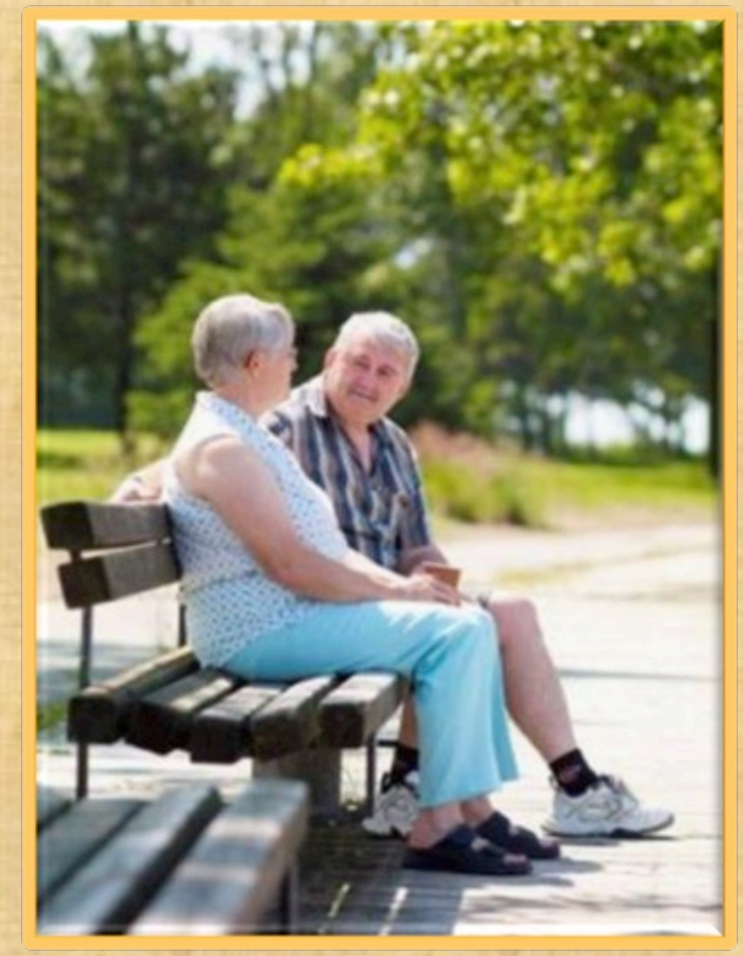


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Association for Workplace Tragedy Family Support

- Established as a non-profit in April 2003
- Received charitable status in 2007 (Charitable business #87524 8908 RR0001)
- Providing a variety of peer support programs and services for families affected by workplace tragedy

Mission



Threads of Life's mission is to help families heal through a community of support and to promote the elimination of life-altering workplace injuries, illnesses and deaths

How do we help families?

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1. Offer **peer support** by connecting families with others who have experienced a similar workplace tragedy



Access to trained
Volunteer Family Guides



Subscription to our quarterly newsletter, *Threads*

2. Provide **access to resources** and opportunities to learn healthy coping skills, active listening and promote healing



Annual Regional Family Forums: Western, Central and Atlantic Canada

3. Give workers and their families opportunities to share their own story and to be a part of **raising awareness** of workplace injury prevention



National Speakers Bureau: The Power of One Story

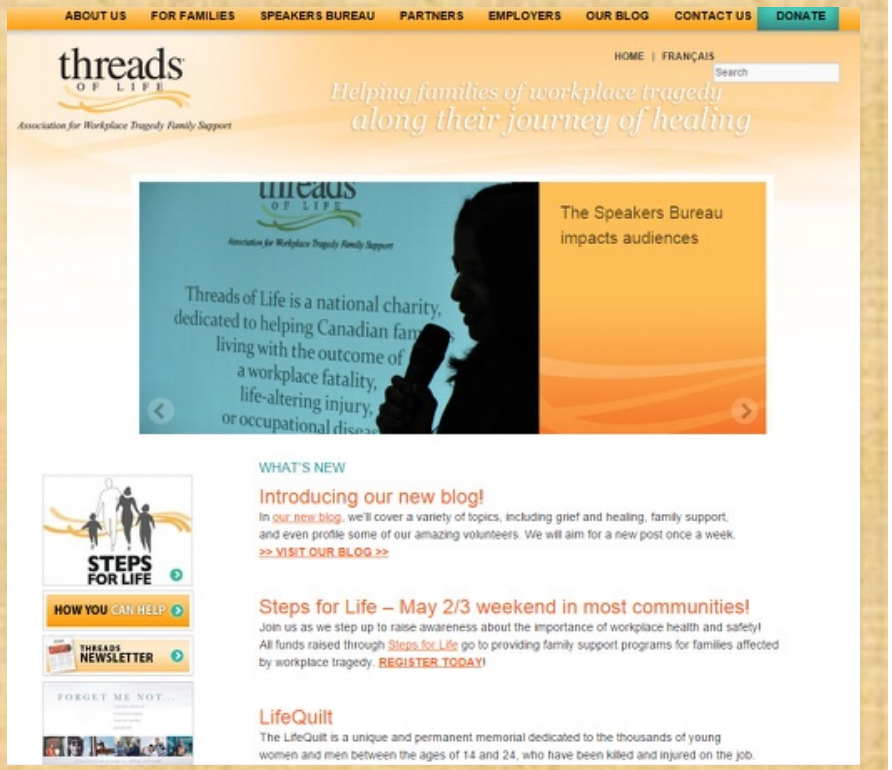
How Can *You* Help?



- **Organize** a fundraising event
- **Participate** in Steps for Life – Walking for Families of Workplace Tragedy
- **Connect** families to Threads of Life
- **Donate** to support regional Family Forums and other programs
- **Become** a Corporate Partner

How do families find Threads of Life?

- Through partnerships with provincial Workers' Compensation Boards (WCBs)
- Word of mouth
- Website: threadsoflife.ca
- Speaker presentations
- Steps for Life
- ***With your help!***



We respect families' privacy following a tragedy – we do NOT make the first contact.

The Threads of Life Network



Sharing a commitment to support families affected by work-related fatalities, life-altering injuries and occupational diseases.

STEPS FOR LIFE

WALKING FOR FAMILIES OF WORKPLACE TRAGEDY

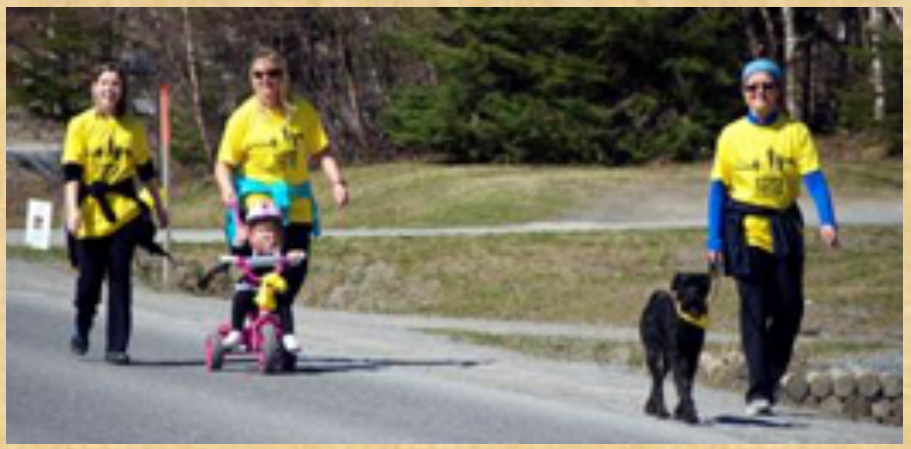
www.stepsforlife.ca

First weekend of May each year



- St. John's
- Corner Brook
- Churchill Falls





Vision

To lead and inspire a culture shift as a result of which work-related injuries, illnesses and deaths are morally, socially and economically unacceptable.



Each worker and family member who has been affected by a workplace tragedy is a thread in the quilt of life.

Each thread, by itself, cannot stand alone, but when woven together provides strength. Although we are individuals, we are also connected in the fabric of life.

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threadsoflife.ca